


Society Women Learn Hair Curling Secret

Exclusively For Ladies-Russian and Turkish Baths Body Massage Beauty Work

PHONE 3816 318 E. 4th St.



THE U.S. Dept. of Agriculture in Experiment Station Bulletin No. 142 mays that the cente worth of wheat supplies almost three times as much protein and ten itimes as much energy as round steak, and with some other cuts of meat the difference is

If then, one really desires to reduce her weekly meat and grocery bills, she need only make more use of her oven.

Who ever heard: many evenue in whild compiled that good home-made biscuits, muffion, cake and cooking appeared on the table roo often). Instead the tendency is "to make a mild of their loof the casesy as an great that something you bake yourself could well by the chall having of every med.

Home Baking is Simplified by the Use of K C Baking Powder



With K.C. you can tooke things moin and rich yet have them light and teathery, wholesupe and digestude, This unsmay be mixed the right before and based treen for breachest. Mullims need not e dry and heavy. You may make a cake an light that you can hardly get it out of the pan whole, yet it will not fall.

K C is not like the old (additioned balance powders it is double acting and continues to give off-leavening gior until the dough is cooked through. K.C. it sold at a fair point—a large can for 25. cents. This would be no obsert if strength and purity were nacri-ficed, but every car is trilly guaranteed under State and National Pure Food laws and to please. We take all the chances. Your money back if you do not get better tendts with K C than any baking powdet you even used.

Include a can in your next gracery order, my some of the new recipes that appear in this paper from time to time. Then you will have gone far toward solving this vertice "Cost of Living" problem.



Mrs. Penest I. Morthule gross to Missoger than interesting for a few days last with the news, Mrs. Carl. In

Coreal with Sugar and Cream letman Boost Coffee LUNCH

Cream of Corn Soup Scalloput Fish and Overers Potato Croquettes Camillower and Bret Schal

rom Chicago, where she attended strengthic clinics at Research Insti-ple of Cateopathy under Dr I beaun, and will give special aften-nor to the discussion of women and initizer and terveus transfer. Ast.

George Winkser, Architect. 414-111 Palmer Bidz. -- Adv.

Bays, we just three cents per pound for clean ration rams-World office.

Young people's service at Christian church buileht. Tell your friends. The Want Ads put you in touch with those who need work. How To Get Rid of a Bad Cough

A Home-Made Remedy that Will Do It Quickly, Chean and Easily Made

the Pines Co., Pt. Wayne, Ind.

Prominent Denver Religions Worker Speaks Here Sunday.

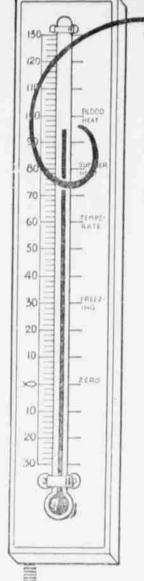


Cause Indigestion DARKEN GRAY

Sweeten Your Stomach Dissolve the Acid And Sourmess, Gas, Pain, etc., Will Promptly Step.

New Treatment — Not a Dye. Harmless—Turns Gray Hair Dark and Lustrous.

It time you clean the plant it out. The property of th



Cumple Snoog 120 LL chewing-gum is at sword's points A with the thermometer. Up north the cool, crisp days, and down south the extreme heat try in different ways to urge gum into a crumbly condition. But no matter when or where you buy Sterling Gum you will find it crumbleproof. You will find that each stick quickly becomes a velvet-bodied confection. So you will always find real enjoyment in Sterling Gum while hunting for that

> 7th point, 1 West is it?

Sterling Gum
The 7-point gum PEPPERMINT - RED WRAPPER

CINNAMON - BLUE WRAPPER

An Ideal Complexion FERD T. HOPKINS & SOY Gouraud's Oriental Cream

The electing thun by,

Long Telend City.

DEBIT BALANCE OF FRISCO DECREASES

Passenger and Freight Traf-

When Addresses a tending about the plane of the reasons for the college.

When New Struggerd has survived from thirding N y for a visit with the year flashing of the reasons for the college.

When Addresses the plane of Mr. Pare's business, bus or thirding N y for a visit with the year the plane of Mr. Pare's business, bus or thirdings (to Asam pare the college of the reasons for the college of the debtt balance; charged to profit and loss amenating to 54.8 per cent. The address will be surface the profit and loss amenating to 54.8 per cent. The address will be survived to profit and loss amenating to 54.8 per cent. The address will be shown in the annual report of the St. Louis & San Francisco railroad, and loss amenating to 54.8 per cent. The address will be shown in the annual report of the St. Louis & San Francisco railroad, and loss amenating to 54.8 per cent. The address will be shown in the annual report of the St. Louis & San Francisco railroad, and loss amenating to 54.8 per cent. The debtt balance charged to profit and loss amenating to 54.8 per cent. St. Louis & San Francisco railroad, and the general offices bere today. The report is for the year ending dame charged to profit and loss was strained to leave for a few days, his work with his institution which or sales in the structure of the year ending dame charged to profit and loss amenating to 54.8 per cent. The year ending dame charge today that operating expenses decreased by a sale of the year ending dame charge today. The report is for the year ending large 3, 1914; but that the gross operating revenue for the year ending large 3, 1914; but that the year ending dame charge to profit and loss amenating to 54.8 per cent. The report sales are the debtt balance charged to profit and loss amenating to 54.8 per cent. The year ending dame charged to profit and loss amenating to 54.8 per cent. The profit of the year ending dame charged to profit and loss amenating to 54.8 per cent. The profit of the year ending dame charged to profit and loss amenatin

HAIR EASY, SAFE



year in maintenance work but that large savings were made in traffic, transportation and general expenses. The freight revenue for the year was \$22,485,000—a decrease of \$716,900 from that of the preceding years and passenger revenue was \$10,623,000, a decrease of \$940,000. In the revenue from express, mail and miscellaneous items there was a decrease of more than \$220,000.

decrease of more than \$220,000.

The total amount of freight moved showed a decrease of 1.143,000 tons:



40

30

20

kitchen sink Cleans it quicker